










NFAA and CBH Shootings Styles

| If You Shoot ... | and you are an ... | Adult | Young Adult/ Youth/Cub/PeeWee |
|--|-------------------------------|---------|----------------------------------|
|  | | FS | FS |
|  | | FSL | FSL |
|  | | BHFS | FS |
|  | 5 Pins or less | BHFSL | FSL |
|  | 5 Pins or less | BH | BB |
|  | | BB | BB |
|  | No Stabilizers or bow quivers | Trad-RC | BB |
|  | No Stabilizers or bow quivers | Trad-LB | BB |
|  | | FSL-R/L | FSL-R/L |

- Key**
- FS = freestyle
 - BH = bowhunter
 - BHFS = bowhunter freestyle
 - Trad-RC = traditional recurve
 - FSL-R/L = freestyle limited—recurve longbow (basically FITA Freestyle)
 - FSL = freestyle limited
 - BHFSL = bowhunter freestyle limited
 - BB = barebow
 - Trad-LB = traditional longbow

Note—In the Junior Division—Young Adult (15-17 years old), Youth (12-14 years old), Cub (under 12 years old)—there are only four styles recognized—FS, FSL, BB, and FSL-R/L.